THE OFFICIAL GUIDE TO THE

LILY ACADEMY

An ESSENTIAL handbook to the premiere sissy-training facility

PUBLISHED BY THE M&R CORPORATION
While the M&R Corporation accepts input from the Sponsor of each Sissy, the end product will reflect what our training facility believes to be best for 'her' on a case by case basis. The desire of the Sponsor will always be a factor in the formation of the Sissy's personality, appearance and behavioral punishments, but the end process and result may vary based on the expertise of our highly trained professional instructors. As a Sponsor, you waive all rights and complaints with regards to your Sissy’s final state. The M&R Corporation will keep the Sponsor abreast of all changes, challenges and progress during the feminization of your Sissy.
The Lily Academy is a state of the art facility located within the M&R Corporation Complex. The training facility features over seventy five classrooms, a full performing arts facility, three separate gymnasiums one of which with fully functional and stocked exercise machines. In addition to these amenities, the Lily Academy is also a secure and insulated environment that has been rated as more secure than most government penitentiaries. With non-functional windows made of Lexan plastic your Sissy still gets the much needed feel of sunlight while being completely captive and contained inside the facility. Camera systems track each and every enrolled Sissy through their implanted chip as well as their chastity belt. Sponsors can rest assured that their investment is safe, secure and receiving the finest feminization training that money can buy.

**DRESS CODE**

The Lily Academy dress code is both very strict and also loose enough to allow for each Sissy to develop the sense of style her Sponsor has recommended 'she' develop. A wide variety of clothing options is provided in the Sissy's supplied wardrobe.

**TOPS:**
These may be of the button or tie variety, must be slightly see-through and should NEVER cover the stomach. Once cleavage begins to develop, it should be on display.

**BRA:**
If a bra is worn, it should be either dark pink, red or black and easily seen through the Sissy's top.

**SKIRT:**
A variety of school girl skirts are available for the Sissy to wear. These vary in color (pink, red, green, etc). Skirts all have a tartan pattern and reflect the schoolgirl look. Skirts must be no longer than eight inches. Sissies attempting to lengthen skirts to provide more modesty are punished severely.

**LEGS:**
Schoolgirls may wear ankle socks, knee highs, or thigh high stay up stockings in either white or black. Sissies ARE allowed to go bare legged, provided they do not wear panties.

**PANTIES:**
Optional (unless barelegged in which case they are not allowed.)

**HEELS:**
School girls are required to wear no less than a 4 inch heel at all times. Platforms are preferred.
HAIR & MAKEUP

HAIR:
Sissies are expected to keep their hair, neat, styled and with a nice sheen. Pigtails and ponytails are encouraged. Scrunchies and hair clips should be a matching or corresponding color to the skirt being worn.

EYES:
Eyelashes should be curled and with black mascara applied. Eye shadow should be of the glimmer variety in any of the youthful palate provided in the Sissy makeup kit.

FACE:
Youthful blush should be applied delicately over standard foundation. Cheeks should be pinched periodically to stimulate additional youthful color.

LIPS:
Lipstick is required at all times in one of the school approved colors (pink and red hues). This should be emphasized with a corresponding lip liner and finalized with a light gloss to provide sheen.

CHASTITY

As with all other aspects of the Sissy's new life, chastity is enforced twenty four hours a day. The patented M&R ChastityBelt™ utilizes SissyLink™ technology. This bluetooth connection allows all teachers and trainers to instantly reward or correct the Sissy with a push of a button.

SissyLink™ also comes standard with canine mode, leash mode, arousal mode and dance mode and more. For additional information on these features, please see the Chastity pamphlet that came with your M&R Corporation registration packet.

Some of the Lily Academy classes require the rear 'plug' module of the chastity belt to be removed. This is only for limited periods of time, for the length of the lesson. Should the Sissy fail to replace the rear plug module or other attachment and lock it back into place, it is considered a Class Two penalty, and the Sissy will be punished accordingly.

SIX MONTH GUARANTEE

Some of our Sponsors worry that the sissies at the M & R corporation will become depressed being in constant chastity. However M&R corporation's promise to you is that within six months of constant edged denial and arousal, achieved through the modes listed above, your sissy will always smile even when he wants to cry.
**GRADING**

Every grade, demerit and teacher note that a Sissy receives is uploaded directly into the implanted chip in ‘her’ neck as well as being backed up to the Corporation's cloud network. By syncing to your Sissy’s chip, you can receive up to the minute reporting on ‘her’ progress. Any ‘girl’ wearing the M&R Brand™ is accessible via your Corporation software. All current Sissies, as well as those that have completed their training, may be logged into and scanned, making their grades and behavior an accessible permanent record. Sponsors and Clients may check any Sissy’s record at any time with a simple click of a button. It is our number one goal to put their progress in the palm of your hand.

Every Lily Academy instructor is encouraged to generate their own grading style. Some, like our venerable Head Mistress, eschew grades in lieu of a pass / fail standard. Others prefer the tried and true method of letter grades. By allowing each instructor their own grading system, they are empowered to make the Sissies scramble to please each instructor differently. The M&R Corporation feels that this uncertainty leads to a better quality of Sissy.

**FIELD TRIPS**

On rare occasions, Sissies are allowed to leave the premises on heavily supervised field trips. Their position is monitored at all times via the GPS in their belt and the implanted chip in their neck. As an added security measure, every chastity belt automatically activates arousal mode to full power should the sensor indicate the Sissy has left the compound. This ensures that the Sissies are always fully aroused and unable to think clearly whenever they are outside. Arousal mode at full causes even the most stubborn Sissy to have weak legs, wet mouths and the desire to do anything necessary to curb their horniness. The M&R Corporation have found this motivational to be much more effective than the shock method. Many stubborn Sissies were able to fight against the shock until it overwhelmed them (sometimes causing permanent damage). The arousal mode leaves no permanent damage, save for very slutty memories.
ESCAPE ATTEMPTS

The M&R Corporation has a ZERO tolerance policy on escape attempts.

In our fifteen plus years of business only half a dozen attempts have been even remotely successful. Four of these escapees were recaptured within the day. With regards to the other two, one Sissy returned of her own volition four days later, desperate to have the chastity belt stop pistoning in and out of her due to the full arousal mode. The sole successful escape attempt was found six months later living in a cat-house in New Mexico. Due to the long exposure to her chastity belt’s full arousal mode, this girl was no longer able to form coherent sentences... or even thoughts. Even with the belt removed, she never recovered; her brain a liquid goo of constant horniness. The fee for this Sissy was obviously returned to the Sponsor and 'he' continues to work in that cat-house to this day.

With over four thousand successful Sissies processed through the facility, the M&R Corporation holds the highest percentile in secure sissification facilities worldwide.

When the inevitable escape attempt occurs, our zero tolerance policy immediately strips the Sissy of all rights and privileges until such time as her Advisor and Sponsor feel that 'she' has learned her lesson.
REWARDS

When Sissies behave in the classroom, they are given rewards in the form of M&R Brand Lollipops™. These cherry flavored treats are a favorite amongst all of the Sissies. Some even claim to be addicted to the sweet candy.

Many new arrivals complain of a slight medicine taste, along with a strange tingling in their lips. Rest assured that this complaint disappears after the first week, and even the most reluctant of Sissies will soon do just about anything for their lollipop fix.

Most Sissies earn two to three of these a day, giving them the proper dosage. Studies have also shown that Sissies that do not earn their daily dosage of Lollipop can sometimes have severe withdrawal symptoms. This has proven to be another useful tool in ensuring compliant behavior from the reluctant Sissies.

A common question is caloric intake of these sweets and a worry that it might be harming their body development. Rest assured that the M&R Brand Lollipops are fat free, low calorie and actually contain a proprietary appetite suppressant.

PUNISHMENTS

All classroom punishments are left to the discretion of the instructor. Permanent damage may not be applied to Sissies in the Lily Academy, but corporal punishment is encouraged. Every Sissy is expected to be spanked at least once per class and no less than ten times per week. Spankings may be administered in whatever way the instructor sees fit. Additional punishments may include: standing in the corner, bathroom privileges revoked, loss of clothing, bondage, gags, humiliation and whatever else each instructor sees fit to enforce.
Recently hired by M&R Corporation Founder and CEO, Melissa Daniels, Miss Veneer has instantly transformed the Lily Academy into her vision of feminization perfection. Hailed as one of the pioneers of the Pleasure-Principle™, Miss Veneer has multiple doctorates in psychology and education. Her unique feminization style centers around turning a Sissy’s own sexual energy against him. Under her guidance the Lily Academy focuses on a constant edging denial of the Sissy students, keeping them in a hazy fog of submissive arousal. Teachers under Miss Veneer’s supervision are encouraged to dress and act provocatively, and to arouse, stimulate and erotically torture the Sissies to the full extent of their ability, all the while enforcing the lessons and mindset of a proper, submissive slut.

Acting as the primary liaison between Sponsors and Teachers, Miss Veneer’s elegant and assertive personality is a true boon to the institution. Rated as one of the top professionals working in the feminization field today, the Lily Academy is very excited to see where Miss Veneer will take us in the years ahead.

A LETTER FROM THE HEAD MISTRESS

Our goal at the Lily Academy is to train these Sissies to be the most submissive, slutty bimbos on the planet.

Churning out dumb whores is not the end result, however. We want your Sissy to BE a Sissy in every single way, and yet still remember what he used to be. Your Sissy will remember that he used to be a man, that he used to make his own decisions and that he used to be in control of his own life. He will remember that YOU turned him into this, even as he desperately scrambles to please you in every way. He will always be hopelessly dedicated to you despite knowing that you turned him into the submissive slut that he was always destined to be.

It is our continuing mission to take every male sent to us, no matter how resistant to the process, and convert them into your desire.

I welcome constant communication and input as we take this journey together and transform him into something he can not even imagine yet.

E. Veneer
Head Mistress
The Lily Academy
THE GOLDEN RULES

A sissy does not demand.
A sissy does not argue.
A sissy does not question.
A sissy does not challenge.
A sissy does not fight.
A sissy does not escape.
A sissy does not reason.
A sissy does not think.
A sissy does not win.
A sissy does not cum.

EVER!
The first day of school can be challenging for every Sissy. The first time wearing one of the school supplied uniforms is often mentioned as one of every Sissy’s truly memorable humiliating experiences. ‘She’ should expect to stand in front of the class and make an introduction. This is often met with encouraged whispers and mutters from the class. This is done to encourage a sense of community and hierarchy amongst the ‘girls’. Every new Sissy is spanked upon completing their introduction. The infraction is often minor and/or non-existent but being bent over the desk in front of the entire class is an important event for a Sissy’s first day in class.

New Sissies often find the provided curriculum exceedingly challenging. Classes in makeup and fashion are often met with anger and resentment; mandatory dancing lessons are generally awkward at first; etiquette and deportment lessons will appear to be easy but can easily overwhelm what is left of their masculinity in a hurry. The entire experience is designed to keep the new Sissy off-balance, unsure and feeling as helpless as possible.

After the first day of classes, new Sissies are immediately sent to a detention hall. No infraction is needed for this punishment. This serves to let the Sissy bond with the other students and also allows the Lily Academy to make sure that every single Sissy is familiar with the different punishment positions.

The first night of homework is often another awakening experience for incoming Sissy students. After a day of school and work, having to create her diary, complete her makeup homework and practice her kissing lessons with her Sissy roommate, most Sissies break down into a tearful fetal position.

Do not forget, the entire experience is recorded and available for viewing at anytime by logging into your SissyLink™ software. You will want to bookmark that moment.
All Sissies are forced to write mandatory updates to their Sponsors at least once a week. The M&R Corporation feels that this is a useful addendum to the constant video surveillance and statistical data as it lets the Sponsor see inside the Sissy’s mind. Sissy’s are encouraged to be truthful and are not directly punished for what they write. All information gathered from these correspondences are utilized to further force the Sissy to feel trapped and helpless. Input from the Sponsor is encouraged with regards to how to put this information to the most effective use.

If there is one thing that the Lily Academy excels, it is creating long and permanent bonds between the Sissy students. As with any school, it is all too common for fights, disagreements and turf battles to break out between classmates. When such an event occurs, Sissies can be disciplined with 'friendship' mode. With a simple tap of a button, every instructor can assign BFF’s (best friends forever). This setting, accessible through the SissyLink™ software requires two Sissies to keep their belts within three inches of each other.

It is not uncommon to see two ‘girls’ desperately clutching hands and gyrating their asses against each other as they awkwardly scurry down the hallways. You can even hear the tell-tale zap of their equipment when they accidentally stray too far from one another, or the moan each time their belts touch.

Undergoing such an experience together forms a bond of companionship unlike any other.

“Lily Academy girls must strike the perfect mixture of helpless submissiveness and wanton slut.”
Every Sissy here ends up in detention at least once a week. Most offenses are for minor infractions such as dress code, excessive bitchiness or the occasional backtalk. Their punishment is always determined by the offense.

Mr. Stern

DEBBIE
Reporting for detention...

DETECTION HALL

Every student at the Lily Academy will find herself in the detention hall quite frequently. Teachers are encouraged to find reasons to give demerits to Sissies if for no other reason than to keep them occupied while trying to work the demerits back off. The detention hall is monitored on a rotating basis by all teaching faculty and overseen by our Dean of Students, the aptly named, Mr. Stern. It is encouraged that all teachers overseeing detention hall match the punishment to the offense. If a student is given demerits for dressing too modestly, she might have to work them off by stripping, or cutting her own outfit off of herself and spending the rest of the day nude. Should a student be sent to the hall for mouthing off in class, a new use for her mouth might be assigned. Every punishment should be carefully thought out and planned to emphasize the Sissy’s offense and ensure that whatever minor infraction she committed never be repeated.

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Mr. Stern
**THE ARTS**

The Lily Academy’s state of the art performing arts facility allows our students to express the exhibitionist tendencies that almost all Sponsor’s require. Our dance department specializes in burlesque, ballet and pole and has graduated hundreds of qualified adult performers in just the last few years. The drama department is constantly putting on bawdy versions of the classics, and utilizes the neighboring men’s college to fill out the male roles, letting our Sissies be the leading ladies for which they are so aptly suited. Our Fine Art department encourages students to draw their inner feelings and challenges them daily with drawing nudes and sculpting their inner phallic desires. While many Sponsors may not initially see the use of teaching Sissies about the Arts, this opinion is quickly dissuaded the first time they watch a showcase performance of their Sissy, parading around in front of a hooting audience.

**SPORTS**

As part of a current outreach program, all Lily Academy students are required to provide at least eighty hours of school approved, off-campus Cheerleading services to eighteen of the nearby colleges. Despite the full arousal setting that is triggered in their belt by being away from the compound, many Sissies relish and/or dread this chance to be outside. In addition to the carefully choreographed routines, the ‘girls’ are also obligated to provide pre-game and post-game motivational cheers in the locker rooms.

The Lily Academy also offers the students an opportunity to compete professionally in the exciting sports of Tennis, Beach Volleyball, Pole Dancing, Mud Wrestling, Foxy Boxing, Beauty Pageants, Gymnastics, Strip Poker and Figure Skating.

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**ALI**
Showing off her Interpretive Dance moves...

**CHERRY**
Cheering on her favorite players...
Once the Sissy students realize that they are being trained and conditioned into becoming less intelligent, they inevitably begin to resist. Studies show that they resist losing their intellect even more than they resist losing their manhood. Almost all of them resist, yet the punishments they receive for doing so quickly encourage them to resist in a more subversive manner. They then pretend to go along with the training, promising themselves that they will not actually become Bimbos for real.

The Lily Academy treats their Bimbo training very seriously. Unlike other so-called Sissy Academies, our graduates are not just pretending to be airheads. With a heavy regiment of Math, Science and English classes, our Academy forces the Sissy student to forget the actual knowledge they know and relearn it incorrectly. After the first six months, basic math skills have been replaced and our Sissies are often shocked to discover they are having difficulty remembering even the simple fundamentals of addition and subtraction. English is easily modified to reflect a more vacant vocabulary and through some simple positive reinforcement, their knowledge of anatomy becomes much more practical and real-world based.

"Transforming their body is the easy part...

The challenge is to transform their mind..."
Every aspect of a Sissy’s feminization is documented and distributed to their Sponsor. While we make no guarantees that every aspect of the Sissification process will align with the Sponsor’s wish, it is our pledge to try to accommodate the Sponsor as much as possible. As such, we encourage near constant communication and collaboration as we turn the Sissy into ‘her’ true self. We look forward to working with your Sissy and if you have any questions, comments or concerns, please contact us at any time.
Claire’s Notes

Don’t let your Sissy fall behind in her training. Give her the best Sissy study books available on the market.

Each Claire’s Notes book has only the smallest snippet of the required reading and provides nothing but the wrong answers, jumbled words, beauty tips and sex advice.

Gurls that use Claire’s Notes are 98% more likely to be spanked daily.

You’ve already gone this far. Give your Sissy the best in training.

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